Hannah Hardwick

Poster: Executive Functioning Related to Motor Performance in Young Adults with and without

Intellectual Disabilities

North American Federation of Adapted Physical Activity Symposium

October 1st - 3rd

On October 2nd, I presented my research that I have been participating in since January of 2018 as a kinesiology undergraduate student with the vital help of Dr. Chen, Yonjoong Ryuh, and the Mississippi State University ACCESS program. At this symposium, I not only got to present my findings of a positive correlation between upper and lower body movement and reaction time and soccer skills, but I also had the opportunity to meet many amazing international researchers. My time at the conference was spent listening to seminars from people who are just as passionate about the research I am currently doing and who are getting to do this as their full-time job. This symposium gave me valuable experience with my presentation and networking skills, so, I would like to thank the Shackouls Honors College for giving me the opportunity to travel through their financial support.